



LFT Tracker Sheet

Track Your Results Over Time

Patient Information:

Name: _____

Date of Birth: _____ NHS Number: _____

Diagnosis: _____

Test Results:

Normal Ranges (may vary by lab):

ALT: 7-56 U/L | AST: 10-40 U/L | ALP: 44-147 U/L | GGT: 9-48 U/L | Bili: 0.1-1.2 mg/dL | Alb: 3.5-5.5 g/dL | INR: 0.8-1.2

■ Tip: Bring this sheet to all doctor appointments. Track trends over time, not just individual results.

Symptoms & Observations:

■■ Questions for Next Appointment: